

1/2 cup chopped Red Onion
4 to 5 cloves fine dice (brunoise cut)
1 Roma Tomato medium dice, ripe but firm.
3 to 4 ripe hass avocado large cut 3/4 inch x 3/4 inch
1/2 tsp pink himalayan salt
1 tsp large crack pepper
1/4 to 1/2 tsp hot sauce (I used tapatio hot sauce)
1/3 Cup "Fresh" Lemon Juice (Sweet--watch video)

Place all ingredients into a large stainless steel bowl, mix well to incorporate all ingredients but do not over mix.

Serve fresh or refrigerate several hours ahead.